

Psychology (AQA)

A Level Preparation Work

Welcome to A-Level Psychology! The tasks below are designed to prepare you to start the course.

What is Psychology?

Explore the subject of Psychology and its many fields of interest

Websites and Magazines

The Psychologist
Psychology Today
Psychology Review
New Scientist
Scientific American Mind
Mind (mental health charity)
Young Minds (mental health)



Documentaries

Amazon, BBC, Channel 4, Netflix and YouTube are great places to look for Psychology documentaries – they change regularly, so search what's on for yourself! The Real Stories channel on YouTube is great.

Psychology on Film

Watch movies with psychological themes

One Flew Over the Cuckoo's Nest (1975)
Rain Man (1988)
Girl, Interrupted (1999)
Memento (2000)
A Beautiful Mind (2001)
Eternal Sunshine of the Spotless Mind (2004)
Shutter Island (2010)
The Experiment (2010)
Black Swan (2010)
A Dangerous Method (2011)
Side Effects (2013)
Lila & Eve (2015)
And many more!!



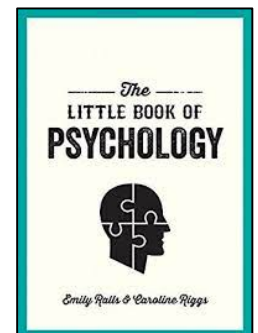
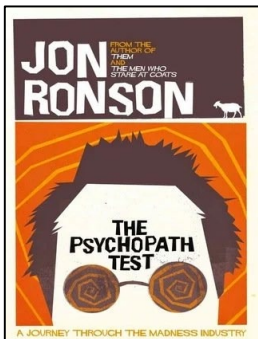
Shocking Research Studies

Explore famous (and outrageous) research

Robbers Cave Experiment (Sherif, 1954)
Magical Number Seven (Miller, 1956)
Harlow's Monkeys (Harlow, 1958)
Shock Studies (Milgram, 1961 and more)
Bobo Dolls (Bandura, 1963 and more)
Kitty Genovese (NYPD, 1964)
A Class Divided (Elliott, 1968)
Black Bag Man (Goetzinger, 1968)
Split Brain Study (Sperry, 1968)
Stanford Prison Experiment (Zimbardo, 1973)
The Marshmallow Test (Mischel, 1972)
On Being Sane in Insane Places (Rosenhan, 1973)
Car Crash (Loftus & Palmer, 1974)
Invisible Gorilla (Simons & Chabris, 1999)

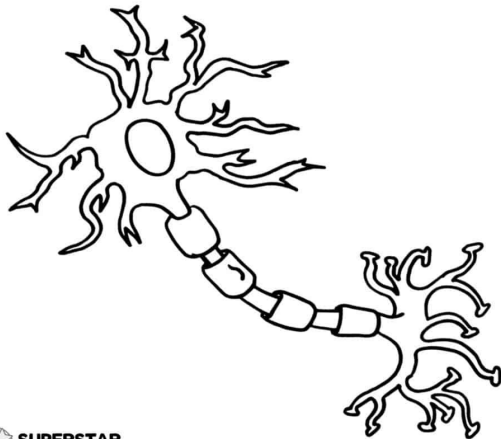
A Few Good Books and Writers

The Psychology Book, Big Ideas Simply Explained (DK)
The Little Book of Psychology, by Ralls and Riggs
What Every Body is Saying, by Joe Navarro (FBI)
The Psychopath Test, by Jon Ronson
The Man Who Mistook His Wife For A Hat, by Oliver Sacks
The Lucifer Effect, by Philip Zimbardo
And many, many more!



Activity 1:

Draw/print a diagram of the brain, and research the functions of the cerebral cortex



Activity 2:

Draw/print and label a neuron, and explain how neurons communicate information within the brain

Activity 3:

Explore the life and works of Sigmund Freud. He is one of the most famous and influential psychologists of all time, but why? What did he do? How did he contribute to the field of psychology? And do you think he was right?

